



Caring Hands is a network of Christian churches and community partners that mobilizes eastern Polk County for compassionate service towards our neighbors. We have been serving the community for 26 years. Since we were blessed with a new facility to house our ministries and large areas of green space, Caring Hands Outreach Center endeavored to create a garden to support our operations and produce homegrown fresh vegetables for our neighbors. In spring 2022, we planted over 200 food-producing plants on our property to help us supply healthy fresh fruits and vegetables to our food pantry visitors. Between our garden, supporters Daniel's Garden and Enabling Gardens, and individual donors in the community, we distributed over 3,000 pounds of fruit and vegetables grown right here in Southeast Polk School District. This year, we plan to double down on that effort, build a high tunnel to elongate the growing season, and partner with other food insecurity warriors to bring fresh produce and knowledge about the uses and nutritional properties of the foods we grow and share. There are lots of ways you can support our efforts to mobilize compassion towards our neighbors.

- Give a [one-time or recurring monetary gift](#).
- Come volunteer! We have volunteer onboarding sessions each month. You can learn about our volunteer needs and find your place at Caring Hands!
- Pray! You can support our ministry considerably by praying for our clients, staff, and volunteers. [Sign up for our monthly newsletter](#), where we list our prayer requests.

Together, we can reach and serve more neighbors with compassion, basic needs, and hope for a brighter future.